

# Breastfeeding Resources

## Breastfeeding assistance and support:

### Local Public Health

Breastfeeding support is offered through new baby visits, the Women, Infants, and Children (WIC) program and WIC's peer breastfeeding support program.

McLeod County.....	320-864-3185
Meeker County.....	320-693-5370
Sibley County.....	507-237-4000

### Glencoe Regional Health Services

OB Unit, CLC on staff .....	320-864-7713
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### Hutchinson Health

Hutchinson, International Board Certified Lactation Consultant (IBCLC) on staff.....	320-484-4620
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### Meeker Memorial

Breastfeeding Clinic, IBCLC on staff .....	320-373-3028
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\*\*If you did not deliver your baby at Meeker Memorial Hospital but would like to receive lactation assistance through their breastfeeding clinic; please ask your healthcare provider to fax a referral to 320-693-4559.

### New Ulm Medical Center

New Ulm, IBCLC on staff.....	507-217-5333
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### Ridgeview Medical Lactation Department

Waconia, IBCLC on staff .....	952-442-2191 ext. 5262
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### Office on Women's Health National Breastfeeding Help Line

Phone lines are staffed 8 am-5 pm. English and Spanish.....	1-800-994-9662 option 1
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### Infant Risk Center

Questions about medications and breastfeeding.....	M-F, 8-5 CT 806-352-2519
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## Breastfeeding and Prenatal Classes

### Hutchinson Health

<http://wellness.hutchhealth.com/events>  
For more information call 320-484-4513.

### Meeker Memorial Hospital

[www.meekermemorial.org](http://www.meekermemorial.org)  
Link found under health resources, class/event.  
For more information call 320-693-4590.

### Glencoe Regional Health Services

<http://grhsonline.org/prenatal-classes/>  
For more information call 320-864-7810.

### Ridgeview Medical Center

<http://health.ridgeviewmedical.org/events/>  
For more information call 952-442-8083.

### New Ulm Medical Center

<http://wellness.allinahealth.org/events>  
For more information contact the OB unit at 507-217-5333.



## Breastfeeding Supplies & Pumps

### Hutchinson

Allina Home Oxygen & Medical Equipment ..... 320-234-5110

Thrifty White... .....320-587-2509

### Litchfield

Meeker Memorial Breastfeeding Clinic .....320-373-3028

Pumps, larger breast shields, and other supplies, ability to test pump suction level

### New Ulm

Allina Home Oxygen & Medical Equipment.....507-217-5585

### Waconia

Ridgeview Medical Center.....952-442-2191 Lactation x5262

### Willmar

Rice Home Medical.....320-235-8434

## Equipment and Breastfeeding Websites:

**Amēda** .....www.ameda.com

**Hygeia** ..... www.hygeiainc.com

**Medela** .....www.medelabreastfeedingus.com

**Milk Moms** .....www.milkmoms.com

**NEB Doctors of MN**.....www.nebdr.com

No endorsement of service or quality is being implied or promoted.

## Online Resources

**La Leche League International**.....www.llli.org

Frequently asked questions, breastfeeding information, find a La Leche League group

**Kellymom.com** ..... www.kellymom.com

Breastfeeding information, common concerns, message boards/forums

**Breastfeeding Made Simple**.....www.breastfeedingmadesimple.com

Common concerns, benefits of breastfeeding, video clips

**Work and Pump**.....www.workandpump.com

Back to work basics, boosting milk supply, topics A-Z

**Low Milk Supply**.....www.lowmilksupply.org

Support for mothers experiencing low milk production

**Online Resource Guide**..... www.womenshealth.gov

Type Breastfeeding in search box, Publication can be found under Your Guide to Breastfeeding

**MN State Breastfeeding Coalition** ..... www.mnbreastfeedingcoalition.org/

Link to resources, laws, business case for breastfeeding



For more information call 320-693-5370  
or check out our website at  
<http://www.mmshealthycommunities.org/online-resources/crow-river-area-breastfeeding-coalition/>  
(Resource listing updated 4.18.19)

