Breastfeeding Resources

Breastfeeding assistance and support:

Local Public Health
Breastfeeding support is offered through new baby visits, the Women, Infants, and Children (WIC) program and WIC’s peer breastfeeding support program.
McLeod County..................................................................................................................320-864-3185
Meeker County..................................................................................................................320-693-5370
Sibley County....................................................................................................................507-237-4000

Glencoe Regional Health
OB Unit, CLC on staff ......................................................................................................320-864-7713

Hutchinson Health
Hutchinson, International Board Certified Lactation Consultant (IBCLC) on staff..............320-484-4620

Meeker Memorial
Breastfeeding Clinic, IBCLC on staff ..................................................................................320-373-3028
**If you did not deliver your baby at Meeker Memorial Hospital but would like to receive lactation assistance through their breastfeeding clinic; please ask your healthcare provider to fax a referral to 320-693-4559.

New Ulm Medical Center
New Ulm, IBCLC on staff ..................................................................................................507-217-5333

Ridgeview Medical Lactation Department
Waconia, IBCLC on staff ....................................................................................................952-442-2191 ext. 5262

Office on Women’s Health National Breastfeeding Help Line
Phone lines are staffed 8 am-5 pm. English and Spanish..................................................1-800-994-9662 option 1

Infant Risk Center
M-F, 8-5 CT
Questions about medications and breastfeeding..................................................................806-352-2519

Breastfeeding and Prenatal Classes

Hutchinson Health
http://wellness.hutchhealth.com/events
For more information call 320-484-4513.

Glencoe Regional Health
http://grhsonline.org/prenatal-classes/
For more information call 320-864-7810.

Meeker Memorial Hospital
www.meekermemorial.org
Link found under health resources, class/event.
For more information call 320-693-4590.

Ridgeview Medical Center
http://health.ridgeviewmedical.org/events/
For more information call 952-442-8083.

New Ulm Medical Center
http://wellness.allinahealth.org/events
For more information contact the OB unit at 507-217-5333.
Breastfeeding Supplies & Pumps

Hutchinson
Allina Home Oxygen & Medical Equipment ................................................................. 320-234-5110
Thifty White... .................................................................................................................. 320-587-2509

Litchfield
Meeker Memorial Breastfeeding Clinic ................................................................. 320-373-3028
Pumps, larger breast shields, and other supplies, ability to test pump suction level

New Ulm
Allina Home Oxygen & Medical Equipment ................................................................. 507-217-5585

Waconia
Ridgeview Medical Center............................................................................ 952-442-2191 Lactation x5262

Willmar
Rice Home Medical............................................................................................ 320-235-8434

Equipment and Breastfeeding Websites:
Amēda.......................................................................................................................... www.ameda.com
Hygeia .......................................................................................................................... www.hygeiainc.com
Medela .......................................................................................................................... www.medelabreastfeedingus.com
Milk Moms .................................................................................................................. www.milkmoms.com
NEB Doctors of MN.................................................................................................. www.nebdr.com

Online Resources
La Leche League International............................................................................. www.llli.org
Frequently asked questions, breastfeeding information, find a La Leche League group
Kellymom.com........................................................................................................... www.kellymom.com
Breastfeeding information, common concerns, message boards/forums
Breastfeeding Made Simple.................................................................................. www.breastfeedingmadesimple.com
Common concerns, benefits of breastfeeding, video clips
Work and Pump........................................................................................................ www.workandpump.com
Back to work basics, boosting milk supply, topics A-Z
Low Milk Supply....................................................................................................... www.lowmilksupply.org
Support for mothers experiencing low milk production
Online Resource Guide....................................................................................... www.womenshealth.gov
Type Breastfeeding in search box, Publication can be found under Your Guide to Breastfeeding

MN State Breastfeeding Coalition .................................................................. www.mnbreastfeedingcoalition.org/
Link to resources, laws, business case for breastfeeding

For more information, call 320-693-5370 or check out our website at
https://www.mmshealthycommunities.org/collective-action/other-initiatives/crow-river-area-breastfeeding-coalition/ (Reviewed March 2020) For most recent resource guide, please see our website.

No endorsement of service or quality is being implied or promoted.