

Breastfeeding Resources

Local Public Health

Breastfeeding support is offered through new baby visits, the Women, Infants, and Children (WIC) program and WIC's peer breastfeeding support program.

McLeod County.....320-864-3185
Meeker County.....320-693-5370
Sibley County.....507-237-4000

Glencoe Regional Health

OB Unit, CLC on staff320-864-7713

Hutchinson Health

Hutchinson, *International Board Certified Lactation Consultant (IBCLC) on staff*..... 320-484-4620

Meeker Memorial

Breastfeeding Clinic, *IBCLC on staff, virtual visits available*320-373-3028

***If you did not deliver your baby at Meeker Memorial Hospital but would like to receive lactation assistance through their breastfeeding clinic; please ask your healthcare provider to fax a referral to 320-373-3029.*

New Ulm Medical Center

New Ulm, *IBCLC on staff*.....507-217-5333

Ridgeview Medical Lactation Department

Waconia, *IBCLC on staff*952-777-4658

Office on Women's Health National Breastfeeding Resource Line

Phone lines are staffed 8 am-5 pm. *English and Spanish*..... 1-800-994-9662

Infant Risk Center

Questions about medications and breastfeeding.....806-352-2519 M-F, 8-5 CT

MN Milk Bank for Babies

Donate breast milk for babies in need.....www.mnmilkbank.org

Breastfeeding and Prenatal Classes

Hutchinson Health

www.hutchhealth.com → Patients & Guests → Events and Classes → BirthCare Classes
For more information, call 320-484-4513.

Meeker Memorial Hospital

www.meekermemorial.org → Patients and Visitors → Events & Classes
For more information, call 320-693-4590.

Glencoe Regional Health

www.grhsonline.org → Care & Services → Best Beginnings Birth Center → Prenatal Education and Breastfeeding Class
For more information, call 320-864-7810.

Ridgeview Medical Center

www.ridgeviewmedical.org → Classes & Events → Pregnancy & Childbirth
For more information, call 952-442-8083.

New Ulm Medical Center

Call the OB Unit at 507-217-5333



Breastfeeding Supplies & Pumps

Hutchinson

Allina Home Oxygen & Medical Equipment 320-234-5110
Thrifty White...320-587-2509

Litchfield

Meeker Memorial Breastfeeding Clinic320-373-3028
Pumps, larger breast shields, and other supplies, ability to test pump suction level

New Ulm

Allina Home Oxygen & Medical Equipment.....507-217-5585

Waconia

Ridgeview Medical Center..... 952-777-4658

Willmar

Rice Home Medical.....320-235-8434

Online: Milk Moms.....www.milk moms.com

Online: NEB Doctors of MN.....www.nebdr.com

No endorsement of service or quality is being implied or promoted.

Online Resources

La Leche League International.....www.llli.org

Frequently asked questions, breastfeeding information, find a La Leche League group

Kellymom.com www.kellymom.com

Breastfeeding information, common concerns, message boards/forums

Breastfeeding Made Simple.....www.breastfeedingmadesimple.com

Common concerns, benefits of breastfeeding, video clips

Work and Pump.....www.workandpump.com

Back to work basics, boosting milk supply, topics A-Z

Low Milk Supply.....www.lowmilksupply.org

Support for mothers experiencing low milk production

Online Resource Guide..... www.womenshealth.gov

Search "Your Guide to Breastfeeding"

Minnesota Breastfeeding Coalitionwww.mnbreastfeedingcoalition.org/

Links to resources, laws, business case for breastfeeding

Support Groups

Moms Like You

Search Facebook "Moms Like You" to join the private group. Call or text Meg at 320-296-8003

Ridgeview Medical Center

www.ridgeviewmedical.org →Classes & Events→Support Groups →Mom & Baby Virtual CONNECTION

Email MBC@ridgeviewmedical.org to get started.

Local Doulas

Doula Julia LLC

Birth Doula Julia Aho
doulajulia.aho@gmail.com
612-358-1556

Bonded by the Womb Doula Services

bondedbythewombdoulas@gmail.com
320-510-4128

Tiny Crow Doulas

katerikormann@gmail.com
313-600-0368

For more information, call 507-237-4018 or check out our website at

www.mmshealthycommunities.org/crow-river-area-breastfeeding-coalition/

(Revised March 2021) For most recent resource guide, please see our website.

