

Crow River Area Breastfeeding Coalition Meeting Minutes

Date: 10-13-16 **Time:** 10-12 **Location:** Dunn Brothers Hutchinson

Present: **Janelle Walter** – Hutch Health OB RN, **Heather Ziehl** – Meeker County PH RN/IBCLC, **April Bayerkohler** – MMS CHS RD, **Jessica Remington** - MMS CHS RDN, **Beth VanOverbeke** – Hutch Health RD, **Antonia Barrick** – Tri Valley Headstart RN, **Brittany Becker** – McLeod County PH PHN, **Jenny Lang** – McLeod County PH PHN.

Coalition's Purpose:

Bring community members together to decide how we can best make our community supportive of breastfeeding mothers and babies.

Mission: Collaborate with local health departments, WIC programs, Hospitals, Clinics, and other organizations and individuals, to protect, support, and promote breastfeeding.

Vision: Provide a clear and consistent message throughout the community about breastfeeding resources and support.

Topic	Discussion/Plan	Action/Do/Responsible Person/Deadline
<p>Introductions, Updates, and Networking (What's going on in your workplace?)</p>	<p>General Coalition:</p> <ul style="list-style-type: none"> • Reassignment of Chair/Co-Chair duties: Heather has resigned PH position, Jessica would like drop down due to other new work commitments. <p>There was a discussion on how it would be nice to have someone take on the Coalition that doesn't have an affiliation with Public Health – we are often looked at as a public health thing when really it is a public coalition.</p> <p>Jessica is still willing to take minutes at meetings and be the person in charge of getting minutes posted on the website.</p> <p>Hutchinson Health</p> <ul style="list-style-type: none"> • Hutchinson Health has two nurses who are planning to take the IBCLC test this fall. • Lactation services are very busy! <ul style="list-style-type: none"> ○ We talked about referring to public health as needed with staff on maternity leave and on vacation. Also how it could benefit moms in the wintertime to not have leave home and have lactation help come to them. • Nicole and Janelle took the IBCLC exam and will hopefully hear results by the first of the year. Then there will be 3 IBCLCs at 	<p>The coalition lead position is open. Please notify Jessica if you are interested. jessica.remington@co.mcleod.mn.us</p> <p>Heather will get Jessica the most recent contact list so the new leader can have it.</p> <p>We will invite the WIC peers to join the coalition/get updates through email. (Jessica)</p> <p>Jessica is willing to get the minutes uploaded on the coalition site for whoever takes the lead on.</p> <p>Brittany will talk with Jennifer H at McLeod County Public Health about possibly having classes at Migrant Head Start, or open classes/BF clinics for the community.</p>

	<p>Hutchinson Health.</p> <p>GRHS</p> <p>Public Health</p> <ul style="list-style-type: none"> • Jessica mentioned that WIC Peers are interested in hosting a breastfeeding support group but isn't sure if management is on board yet or where funding could come from. • New staff members will likely be attending the CLC trainings that are upcoming <p>Tri-Valley Headstart</p> <ul style="list-style-type: none"> • Antonia brought up how some of her non-WIC participant clients really fall in a gap where they are not getting much for breastfeeding support. We had a discussion about helping those clients that are not citizens and are shy about giving info to Public Health and WIC <ul style="list-style-type: none"> ○ They can connect with Public Health and be an MCH client if they're not willing to do WIC but need breastfeeding support. ○ We talked about how our interpreters at Public Health (Carmen and Ignacio) are typically well-respected members in the Hispanic community and might be useful as a resource in connecting families with services at public health. 	
Breastfeeding Friendly Workplaces/Health Departments	<ul style="list-style-type: none"> • Hutchinson Health is putting together pieces of it but there has been no formal application yet. Janelle is planning on working to get the ball rolling with HR and OB. • McLeod County Public Health - Continued discussion about BFHD – haven't done much with it yet beyond the beginning leg work that was completed a few years ago as a pilot program. 	Continue working on the Breastfeeding Friendly Workplaces and Health Departments. (All)
OUTREACH	No discussion	
2016 Breastfeeding Resource Sheet	<ul style="list-style-type: none"> • Updated 3-2016. *(4/28/16) • Emailed out to Coalition members <p>No changes</p>	

MMS Healthy Communities Website	<p>The MMS Healthy Communities website is where you can find past meeting minutes and more information about the coalition.</p> <p>MMS Healthy Communities site link: http://www.mmshealthycommunities.org/online-resources/crow-river-area-breastfeeding-coalition/</p>	
Facebook	<p>Will continue to keep posting information on our Facebook page. Continue to share the page as well as invite your friends to like it.</p>	<p>Jessica will try to continue to post at least weekly. Please send her anything you feel would be great to share.</p>
BREASTFEEDING PROMOTION ACTIVITIES	<p>No discussion – county fair booths/breastfeeding spaces were offered again this year in each county.</p>	
BRAINSTORMED IDEAS FOR 2016 (regularly revisit at meetings)	<p>Brainstorming session for 2016</p> <ul style="list-style-type: none"> • Promote Breastfeeding Friendly Workplace/Health Department Recognition program. <ul style="list-style-type: none"> ○ Continue working on the breastfeeding friendly workplace/health department applications. • Continued family space at county fairs for quiet/breastfeeding/diaper changes and working towards more events (i.e. Garlic Festival (8/13), Winterfest, Heart of Hutch events, Orange Spectacular (7/22-24), Arts & Crafts Festival (9/16-18) etc – let us know of other local events!) <ul style="list-style-type: none"> ○ Will plan to continue offering spaces at the county fairs in the future for breastfeeding/pumping moms. No discussion on other events. • Encourage beginning a breastfeeding support program – both in WIC and in the healthcare centers/hospitals, and other local businesses. <ul style="list-style-type: none"> ○ The WIC Peers (as mentioned prior) are interested in offering a support group for breastfeeding moms – waiting to hear from mgmt. on pay sources and/or if we have the ability to go forward with this at public health. Otherwise, could other CLCs or trained staff do these? • Campaigning to remove breastmilk support bags and formula bags in the local hospitals and clinics. 	

	<ul style="list-style-type: none"> ○ No discussion. ● Fundraiser through the paint factory. <ul style="list-style-type: none"> ○ Fundraising was discussed again – but there are currently a lot of issues with us not being a 501c3 ourselves and just under the state coalition. Question on 501c3 	
Fundraising		Brittany and Jessica will try to talk with Barb King or Linda Dech at the state meeting or via email or phone to see how we can apply to be our own 501c3... How do we raise funds??? Amazon Smile and Paint factory are on hold because of these issues.
Trainings / Continuing Education Resources / Professional Development Resources	<p>Available trainings:</p> <p>MDH WIC Website – (a long list of area trainings): http://www.health.state.mn.us/divs/fh/wic/localagency/bf/bfconted.html</p> <p>USLCA: https://uslca.org/</p> <p>ILCA: http://www.ilca.org/home</p> <p>MN Breastfeeding Coalition: https://mnbreastfeedingcoalition.org/</p> <p>U.S. Breastfeeding Coalition: http://www.usbreastfeeding.org/</p>	<p>Find the information about CLC trainings in the link to the left – they are listed on the WIC website.</p> <p>Jessica emailed Mary Johnson at MDH WIC about seeing if the Grow & Glow training can accept non-WIC staff. She said they have space available so Antonia may be able to attend.</p> <p>Jessica emailed Mary Johnson about questioning whether they will offer a CLC training again through WIC. MMS CHS would have 6 or 7 staff that could attend! 2 plan to go in April but could back out if WIC offers one. UPDATE: There will not be a course offered through WIC until after 2017 at least.</p>
Announcements or Additions to the Agenda.	N/A	
Legislative Update	No discussion	

MN Breastfeeding Coalition Meeting	To take place October 27 th and 28 th in Maplewood.	Link for registration or to see the agenda: https://www.eventbrite.com/e/mbc-9th-annual-statewide-meeting-and-workshop-tickets-27433588602
NEXT MEETING	January 31st 10am-noon – Hutchinson Health Conference Room A.	
Recorded by:	Jessica Remington, MS, RDN	