2017 Community Health Assessment

COLLECTIVE ACTION PLAN: BINGE DRINKING

Alcohol use is reported by over half of all adults in the United States and is the most widely used drug in MN - even more prevalent than tobacco.

Excessive alcohol consumption contributes to a number of negative consequences, including unintentional injuries, violent acts, chronic diseases and unintended or unhealthy pregnancies.

The economic costs associated with alcohol use in MN are estimated at over $5 billion annually - 17 times greater than the tax revenues collected from alcohol sales. Increasing the price of alcohol through a small tax increase has been shown to reduce excessive drinking and alcohol related injuries.

Local Data

18% of MMS residents reported binge drinking compared to Minnesota as a whole at 19.5% of adults who are binge drinking.

(2016 MMS Community Health Survey)

2.2% of MMS students in grades 8, 9, and 11 reported that they frequently binge drank in the past year (typically drank 5 or more drinks at a time and drank on 10 or more occasions during the past year).

(2016 MN Student Survey)

30.7% of MMS residents reported binge drinking compared to Minnesota as a whole at 19.5% of adults who are binge drinking.

(MMS Community Health Survey)

IN 2015...

There were 295 DWI incidents within Meeker, McLeod, and Sibley counties

(MN Dept. of Public Safety)

5 alcohol related traffic deaths occurred within Meeker, McLeod, and Sibley counties

(MN Dept. of Public Safety)
IN 2015...

State Data

MN Dept. of Public Safety

There were 137 alcohol related traffic deaths and over 25,027 DWI incidents

National Data

Centers for Disease Control (CDC)

IN 2014...

9,967 people were killed in alcohol-impaired driving crashes accounting for nearly one-third (31%) of all traffic-related deaths in the United States

One in six adults binge drink about four times per month, consuming about 8 drinks per binge