



## Crow River Area Breastfeeding Coalition

October 30<sup>th</sup>, 2019

9-10:30am

Glencoe Regional Health (Conference Room A)

Present: Whitney N. (Sibley), Jenny C. (Meeker), Lindsay H. (MMS CHS WIC), Brittany B. (McLeod), Jessica R. (MMS CHS WIC), Katelynn G. (GRH)

Mission: Collaborate with local health departments, WIC, healthcare, businesses, and community members to protect, support, and promote breastfeeding.

Vision: Provide a clear and consistent message through the community about breastfeeding resources and support.

Topic	Discussion/Plan	Action/Do/Follow up
Welcome and Introductions		
Approval of September Minutes	Motion by Lindsay, 2 <sup>nd</sup> by Jenny	
Financial Update	Balance of \$626.35 after Amazon purchase of BF Friendly supplies	
Coalition Accomplishments	<p>Daycare interest in BF Friendly program with incentives</p> <p>Sibley &amp; Meeker approved for Breastfeeding Friendly Health Departments at the bronze level.</p>	
Review Strategic Plan/ Action Plan	<p>Look over action plan.</p> <p>Breastfeeding Friendly subcommittee update</p> <ul style="list-style-type: none"> <li>• Daycares</li> <li>• Vote on use of \$100 to use as needed for ordering BFF incentive supplies.</li> </ul>	<p>Sibley has two daycares interested in BF Friendly recognition. Whitney has met with one and handed out incentive/toolkit.</p> <p>Whitney/Lindsay check with MDH about Develop courses</p>

		<p>needed for BF Friendly daycares.</p> <p>Motion by Jenny, 2<sup>nd</sup> by Joanne to use up to \$100 as needed for ordered BF Friendly supplies.</p>
<p>Partner Sharing</p>	<p><b>Public Health</b>  Meeker County sent out BF Friendly flyer to daycare licenser but no response, will keep trying.  McLeod County unsure if flyer sent out.  Sibley—continuing work with daycares.</p> <p><b>WIC/Moms Like You</b>  Received Loving Support Award of Excellence for Peer BF support program. Peer referrals were down but are climbing again. Moms Like You going well (5-6 moms attending). Discussion about adding a group to Litchfield.</p> <p><b>Meeker Memorial</b>  Joanne met with RC Hospital &amp; Clinics about outpatient lactation clinic, meeting again in November. Talked with clinic manager about lactation space for clinic staff.  Working on figuring out admission process of newborns, disrupting skin-to-skin to get admission weight.</p> <p><b>Hutchinson Health</b>  Not present, no updates</p> <p><b>Glencoe Regional Health</b>  Good attendance in breastfeeding classes. Offered 4x/year.</p>	
<p>MN Breastfeeding Coalition</p>	<p>Annual workshop and conference overview</p> <p>Opportunity for seed money ideas:</p> <ul style="list-style-type: none"> <li>• Establishing outpatient lactation clinics at all three</li> </ul>	<p>Seed money subcommittee:  Jenny Crowe  Joanne Wesley</p>

	<p>local hospitals</p> <ul style="list-style-type: none"> <li>• Continuing education event</li> <li>• Train the trainer</li> </ul>	ANYONE WITH IDEAS FOR GRANT MONEY—SEND TO SUBCOMMITTEE
Upcoming Trainings	<p>“GOLD Perinatal Online Conference” October 1st-December 2nd  <a href="https://www.goldperinatal.com/conference/schedule">https://www.goldperinatal.com/conference/schedule</a></p> <p>Monthly:  Great Lakes Network Series, Michigan Breastfeeding Network (3rd Tuesday of each month)  <a href="https://www.mibreastfeeding.org/learn-connect/">https://www.mibreastfeeding.org/learn-connect/</a></p>	
Outreach	Discussion about use of term “Perinatal mood and anxiety disorders” instead of postpartum depression.	Whitney and Lindsay will attend Metro BF Outreach meeting December 9 <sup>th</sup> in St. Paul.
Fundraising	<p>Jenny to call Litchfield Pizza Ranch</p> <p>Whitney to call Unhinged Pizza in Glencoe</p>	
Future Meeting Dates	<p>November—NO MEETING, (THANKSGIVING)</p> <p>December 2nd—Meeker Memorial (Conf. room TBD)</p> <p>Discussed future meeting dates/frequency. Decided to switch 2020 meetings to the 4th Friday of each month in the morning. Rotate meetings between Hutchinson Health, GRH, Dunn Bros (Hutch), and Meeker Memorial.</p>	
Respectfully Submitted:	Whitney Nelson, RN, PHN, CLC	